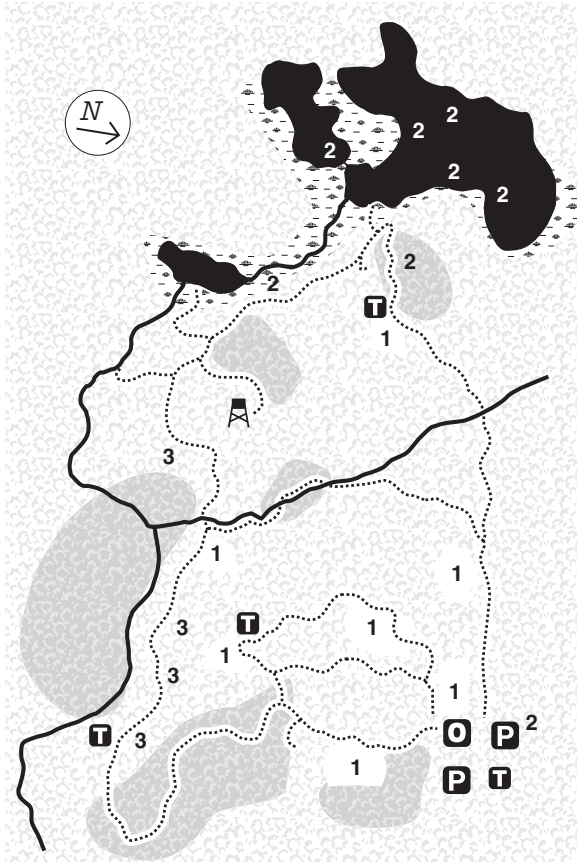


Trails at Sessions Woods Wildlife Management Area



Habitat Key

Trail	1 Open Field	Office
Water	2 Snags	Parking
Marsh	3 Laurel Thicket	Toilet
Hardwood Forest		Fire Tower
Conifer Stand		

Remember:

- Dogs must be leashed at all times.
- Mountain bike use is restricted to the gravel trails.
- Poison ivy and ticks are found on the property.

Habitat Types at Sessions Woods

Upland hardwood forest - Most of the property is composed of this habitat type. Oak, birch and maple predominate, with an understory that includes mountain laurel, huckleberry and witch hazel. Look for migrant vireos, warblers and tanagers. Nesting species include whip-poor-will and broad-winged hawk.

Conifer stands - White pine and hemlock are scattered throughout the property. The trail map indicates locations of dominant conifer stands. Birds that may be encountered in this habitat include pine warbler and great horned owl.

Riparian (streamside) areas - Negro Hill Brook and its tributaries flow through Sessions Woods, providing a rich diversity of streamside habitat. This watercourse has been dammed by beavers, creating a large marsh. The forested riparian areas have red maple, yellow birch and black gum trees. Bird species to expect include Louisiana waterthrush and eastern wood pewee.

Open field - Small forest openings have been created to provide field habitat for a variety of animals. Red fox, coyote and wild turkey have been seen in these areas. A good place to find Eastern towhee, great-crested flycatcher and a variety of sparrows is along the field edges.

Beaver marsh - Beavers have built many dams on the west end of the property, creating wetland habitat for wildlife, including river otter, muskrat and mink. This is where the greatest diversity of bird species can be found at Sessions Woods. Look for wood duck, great blue heron, Virginia rail, flycatchers, migrating warblers and possibly bald eagle.

Standing dead trees (snags) - High water levels have killed a number of trees in the beaver marsh. Most are red maples. Stands of dead and dying red pine are infected with an exotic parasite. Holes created in dead trees by pileated, red-bellied, hairy and downy woodpeckers are also used by tree swallows, chickadees, nuthatches, bluebirds and wood ducks.

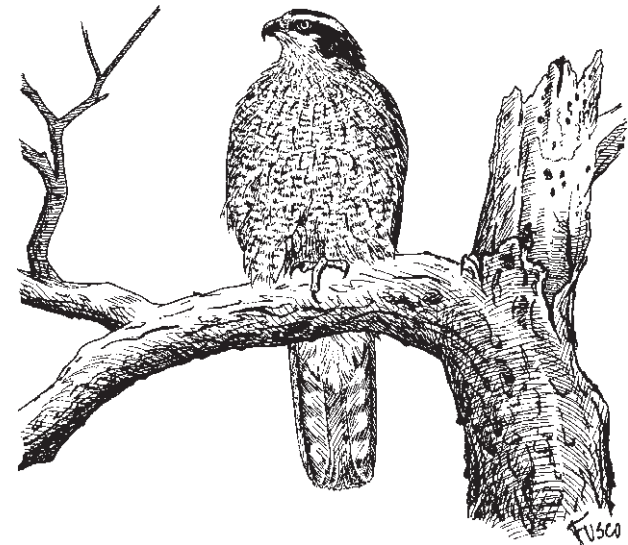
Laurel thickets - Dense thickets of mountain laurel occur in a few locations, providing excellent nesting cover for a variety of birds, including black-throated blue warbler and veery.



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PRINTED ON RECYCLED PAPER
Rev. 7/01

The Birds of Sessions Woods



State of Connecticut
Department of Environmental Protection
Bureau of Natural Resources
Wildlife Division

<http://dep.state.ct.us>

- The Birds of Sessions Woods -

	Sp	Su	F	W
___ Common Loon			R	
___ Double-crested Cormorant	U		U	
___ Great Blue Heron ^N	C	C	C	
___ Great Egret		U	U	
___ Green Heron	U	C	U	
___ Mute Swan	U	U	U	
___ Canada Goose ^N	C	C	C	U
___ Wood Duck ^N	C	C	C	
___ American Black Duck	R	R	U	U
___ Mallard ^N	C	C	C	U
___ Northern Pintail			R	
___ Ring-necked Duck	C			U
___ Hooded Merganser ^N	U	U	U	
___ Red-breasted Merganser	R			
___ Turkey Vulture	C	C	C	
___ Osprey	R	R	R	
___ Bald Eagle	R	R	R	
___ Sharp-shinned Hawk	R	R	C	U
___ Cooper's Hawk	U	U	C	U
___ Northern Goshawk ^N	R	R	R	R
___ Red-shouldered Hawk	U	U	U	R
___ Broad-winged Hawk ^N	C	C	C	
___ Red-tailed Hawk	C	C	C	U
___ American Kestrel	R		U	
___ Ring-necked Pheasant		R	R	
___ Ruffed Grouse ^N	U	U	U	U
___ Wild Turkey ^N	U	U	U	U
___ Virginia Rail ^N	U	U	U	
___ Solitary Sandpiper	U		U	
___ Spotted Sandpiper	U	U	U	
___ Rock Dove	U	U	U	
___ Mourning Dove ^N	A	A	A	C
___ Yellow-billed Cuckoo	U	U		
___ Great-horned Owl ^N	U	U	U	U
___ Barred Owl	U	U	U	U
___ Common Nighthawk	U	U	U	
___ Whip-poor-will ^N	C	C	U	
___ Chimney Swift	C	C	U	
___ Ruby-throated Hummingbird ^N	C	C	C	
___ Belted Kingfisher	U	U	U	
___ Red-bellied Woodpecker ^N	C	C	C	U
___ Yellow-bellied Sapsucker ^N	C	C	U	
___ Downy Woodpecker ^N	C	C	C	C
___ Hairy Woodpecker ^N	U	U	U	U
___ Northern Flicker ^N	C	C	C	
___ Pileated Woodpecker ^N	U	U	U	U
___ Eastern Wood-Pewee ^N	U	C	C	
___ Least Flycatcher ^N	U	U	U	
___ Eastern Phoebe ^N	C	C	C	

- The Birds of Sessions Woods -

	Sp	Su	F	W
___ Great-crested Flycatcher ^N	C	C	C	
___ Eastern Kingbird ^N	C	C	C	
___ Tree Swallow ^N	A	A	A	
___ Bank Swallow	U	U	U	
___ Barn Swallow	U	U	U	
___ Blue Jay ^N	C	C	C	C
___ American Crow ^N	A	A	A	A
___ Fish Crow	R	R	R	
___ Black-capped Chickadee ^N	A	A	A	A
___ Tufted Titmouse ^N	A	A	A	A
___ Red-breasted Nuthatch	U	R	R	U
___ White-breasted Nuthatch ^N	C	C	C	C
___ Brown Creeper	U	U	U	R
___ House Wren ^N	U	U	U	
___ Golden-crowned Kinglet	R	R	C	U
___ Ruby-crowned Kinglet	R	R	C	U
___ Blue-gray Gnatcatcher ^N	C	C	U	
___ Eastern Bluebird ^N	C	C	C	U
___ Veery ^N	C	C	C	
___ Gray-cheeked Thrush	U		U	
___ Swainson's Thrush	U		U	
___ Hermit Thrush ^N	C	U	C	R
___ Wood Thrush ^N	C	U	U	
___ American Robin ^N	C	C	C	U
___ Gray Catbird ^N	C	C	C	
___ Northern Mockingbird	U	U	U	R
___ Brown Thrasher	R	R	R	
___ Cedar Waxwing	C	U	C	U
___ European Starling ^N	C	C	C	R
___ White-eyed Vireo	U	U	U	
___ Blue-headed Vireo ^N	C	U	U	
___ Yellow-throated Vireo ^N	U	U	U	
___ Warbling Vireo ^N	C	U	U	
___ Philadelphia Vireo	U		U	
___ Red-eyed Vireo ^N	C	C	C	
___ Blue-winged Warbler ^N	C	C	U	
___ Tennessee Warbler	U	U	U	
___ Nashville Warbler	U	U	U	
___ Northern Parula	U	U	U	
___ Yellow Warbler ^N	C	C	U	
___ Chestnut-sided Warbler ^N	C	C	U	
___ Magnolia Warbler	C	U	U	
___ Black-throated Blue Warbler ^N	C	U	U	
___ Yellow-rumped Warbler ^N	C	U	C	R
___ Black-throated Green Warbler ^N	C	U	U	
___ Blackburnian Warbler ^N	C	U	U	
___ Pine Warbler ^N	C	C	U	
___ Prairie Warbler ^N	C	C	U	
___ Palm Warbler	C	U	U	
___ Black and White Warbler ^N	C	U	U	
___ American Redstart ^N	C	C	U	

- The Birds of Sessions Woods -

	Sp	Su	F	W
___ Ovenbird ^N	C	C	U	
___ Northern Waterthrush	U	U	U	
___ Louisiana Waterthrush ^N	C	U	U	
___ Common Yellowthroat ^N	C	U	U	
___ Wilson's Warbler	U	U	U	
___ Canada Warbler	C	U	U	
___ Scarlet Tanager ^N	C	C	U	
___ Northern Cardinal ^N	C	C	C	U
___ Rose-breasted Grosbeak ^N	C	U	U	
___ Indigo Bunting	R	R	R	
___ Eastern Towhee ^N	C	C	C	
___ Chipping Sparrow ^N	C	C	C	
___ Field Sparrow	U	U	U	U
___ Fox Sparrow	U		U	R
___ Song Sparrow ^N	C	C	C	R
___ Lincoln's Sparrow	U		U	
___ Swamp Sparrow ^N	C	C	C	R
___ White-throated Sparrow	C		C	C
___ White-crowned Sparrow	R		R	
___ Dark-eyed Junco	C		A	A
___ Red-winged Blackbird ^N	C	C	C	
___ Eastern Meadowlark	R		R	
___ Common Grackle ^N	C	C	C	
___ Brown-headed Cowbird ^N	C	C	C	
___ Baltimore Oriole ^N	C	U	U	
___ Purple Finch	R		R	R
___ House Finch ^N	C	C	C	U
___ Pine Siskin	U		U	U
___ American Goldfinch ^N	A	A	A	C
___ Evening Grosbeak	R		R	R
___ House Sparrow ^N	C	C	U	R

Other Species:

Please report any new bird sightings or nestings to the DEP Wildlife Division's Public Awareness Program at the Sessions Woods office.

Checklist Key

- A abundant
- C common
- U uncommon
- R rare
- ^N confirmed or probable nesting

- Sp Spring: Mar. - May
- Su Summer: Jun. - Aug.
- F Fall: Sep. - Nov.
- W Winter: Dec. - Feb.

